



**Horses Helping Humans Workshop  
An Introduction to Equine-  
facilitated Activities and Therapies  
(EAAT)**



**DATE:** Friday January 15, 2015 10 AM to 4 PM

**LOCATION:** Hope Reins Inc. at Marcody Ranch 3804 Pioneer Trail, New Smyrna Beach FL 32168

**WEBSITE:** [WWW.hopereinsinc.org](http://WWW.hopereinsinc.org) **PHONE:** (386) 424-0123 **EMAIL:** [contact@hopereinsinc.org](mailto:contact@hopereinsinc.org)

**FEE:** \$60

**CEU's:** 4 CEU's Available from the **Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling** through CE Broker # 20-450141

If you would like to learn about the rapidly growing and widely accepted field of Equine Assisted Activities and Therapies (EAAT), then you will want to take part in this workshop while earning continuing education hours.

Participants in this workshop will have hands-on experience by working with a licensed mental health professional, a certified equine specialist and several equine partners. Take advantage of this opportunity to learn about a powerful alternative to the traditional clinical setting and how horses can aid in the therapeutic process.

Various equine facilitated activities will be explained and demonstrated. Activities will be compared and contrasted with traditional therapies for their unique and surprising benefits. Each activity will conclude with de-briefing, reflection and a summary of what was observed and felt.

Participants will learn the benefits of Equine Assisted Activities that can be applied to their clients who may be receiving mental health therapy or marriage and family therapy. Applications will be discussed to include but not be limited to: **Asperger's disorder, Autism spectrum disorder, anxiety disorders, PTSD and stress disorders, Cerebral Palsy, Multiple Sclerosis, ADHD, Seizure disorders and Mental Retardation.** The successful use of Equine Therapies as a complementary therapy will be discussed through case examples. Clinical Case Supervision and Consultation will be provided by an approved LMFT supervisor and Certified Equine Specialist.

Light breakfast, lunch and refreshments will be provided.  
Long pants, closed toe shoes and an open mind are required.

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**Registration deadline is January 13, 2015**

**Please detach and return this portion with your payment or pay on-line**

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**Phone Number:** \_\_\_\_\_ **License#** \_\_\_\_\_

**Payment Amt:** \_\_\_\_\_ **Check #** \_\_\_\_\_ **CEU's Requested: yes** \_\_\_\_\_ **or no** \_\_\_\_\_

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